

ISABEL ARNAUT

Senior Political science major, Black studies minor



Chart from Brennan Center for Justice. Depicts the growth of the prison system since 1950s to 2016. https://www.brennancenter.org/our-work/analysis-opinion/history-massincarceration

What is Mass Incarceration? What is the issue here?

- Mass incarceration is a major issue in the United States carceral system. According to reports, the United States has the highest incarceration rate internationally. The problem of mass incarceration is that there are laws implemented that:
- (1) Disproportionately target communities of color, especially Latino and Black communities.
- (2) Lessens individuals opportunities for rehabilitation and personal restoration.
- There was a spike in incarcerations during the Nixon administration due to the laws implemented during the War on Drugs.



What Does Rehabilitation Mean in Juvenile Justice?

"Rehabilitation aims to understand and address the underlying factors that contribute to a young person's involvement in criminal behavior. This could ecompass factors like trauma. family issues, mental health challenges, and substance abuse" (Jarrett Maillet J.D., P.C.)

This also includes ensuring programs or resources that help the youth.

Implementation of Juvenile Justice in the Adult Prison System

How can the implementation of more rehabilitative opportunities reduce mass incarceration? Could more resources ensure restoration for adults in the adult prison system?

Why are Children More Likely Offered Rehabilitation Options?

• Youth are more likely offered these opportunities due to the fact that they are still cognitively developing.





Chart from Prison Policy Initiative. Shows percentage of people that are denied from employment training and educational program opportunities. https://www.prisonpolicy.org/blog/2022/09/02/prison_opportunities/



Spring 2024



Insights from Formerly Incarcerated Individuals

Free Minds Book Club & Writing Workshop is a non-profit in Washington, D.C., that utilizes books and writing to bring restoration and healing to incarcerated youth and adults in the DC Jail and surrounding prisons. Free Minds is a prime example of a rehabilitative program that impacts both youth and adults in the

During my research, I interviewed two members from Free Minds about their experiences in the prison system and what issues they believe need to be addressed to fuel systemic reform.

How do we implement more rehabilitative programs, already utilized in the juvenile system, into the adult prison